

Fitness Center classes - MARCH 2020

Classes FREE. Schedule subject to change. Want to know more? Call (612) 713-1496.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 CLOSED	2 1200 Power Yoga	3 1200 Zumba	4 1200 Spinning	5 1200 HIIT	6 1200 TRX and More	7 UTA WKND	
8 UTA WKND (Daylight Savings)	9 1200 Power Yoga	10 1200 Zumba	11 1200 Spinning	12 1200 HIIT	13 1200 TRX and More	14 CLOSED	
15 CLOSED	16 1200 Power Yoga	17 1200 Zumba St Patrick's Day	18 1200 Spinning	19 1200 HIIT	20 1200 TRX and More	21 CLOSED	
22 CLOSED	23 1200 Power Yoga	24 1200 Zumba	25 1200 Spinning	26 1200 HIIT	27 1200 TRX and More	28 CLOSED	
29 CLOSED	30 1200 Power Yoga	31 1200 Zumba	<p>Hours of Operation Mon. to Fri. 5:30 am to 4:00 pm Sat., Sun. & Holidays Closed</p> <p>UTA WKNDS Sat. 6:00 am to 4:00 pm Sun. 6:00 am to 1:00 pm</p>			<p>If interested in after hour access to the Fitness Center please contact the Front Desk at 612-713-1496 for more details</p>	