











# Fitness Center Classes - August 2019



Classes FREE. Schedule subject to change. Want to know more? Call (612) 713-1496.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>Hours of Operation</b> Mon - Fri. 5:30am - 4:00pm Sat— Sun & Holidays Closed <b>UTA WKNDS</b> Sat. 6:00am — 4:00pm Sun. 6:00 am — 1: 00pm			<b><u>New Fitness Challenge</u></b> <b>Sturgis Rally Race</b> <b>1 Aug — 1 Sep 2019</b> <b>POC: Dale Warren</b>			1	2	3
4 UTA WKNND	5 1200 Power Yoga 	6 1000 Spinning 	7	8	9	10 CLOSED		
11 CLOSED	12 1200 Power Yoga 	13 1000 Spinning 	14	15	16	17 CLOSED		
18 CLOSED	19 1200 Power Yoga 	20 1000 Spinning 	21	22	23	24 CLOSED		
25 CLOSED	26 1200 Power Yoga 	27 1000 Spinning 	28	29	30	31 CLOSED		