















# FITNESS CENTER CLASSES - NOVEMBER 2018



Classes FREE. Schedule subject to change. Want to know more? Call (612) 713-1496.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hours of Operation</b> Mon - Thurs 5:30am - 7:00pm Fri. 5:30am - 6:00pm Sat Closed Sun & Holidays Closed				<b>1</b> 1130 Zumba 	<b>2</b> 1030 Fitness Frenzy	<b>3</b> <b>UTA WKND OPEN</b> <b>0530-1800</b>
<b>4</b> <b>UTA WKND OPEN</b> <b>0530-1300</b>	<b>5</b> 1200 Power Yoga 	<b>6</b>	<b>7</b> 1200 Spin Class 	<b>8</b>	<b>9</b>	<b>10</b> Closed
<b>11</b> Closed	<b>12</b> VETERANS DAY HONOR  Closed	<b>13</b>	<b>14</b> 1200 Spin Class 	<b>15</b> 1130 Zumba 	<b>16</b> 1030 Fitness Frenzy	<b>17</b> Closed
<b>18</b> Closed	<b>19</b> 1200 Power Yoga 	<b>20</b>	<b>21</b> 1200 Spin Class  <b>Special Hrs 0530-1500</b>	<b>22</b> Closed Thanksgiving Day 	<b>23</b> HAPPY Closed 	<b>24</b> Closed
<b>25</b> Closed	<b>26</b> 1200 Power Yoga 	<b>27</b>	<b>28</b> 1200 Spin Class 	<b>29</b>	<b>30</b> 1030 Fitness Frenzy	