



FITNESS CENTER CLASSES - DECEMBER



Classes FREE. Schedule subject to change. Want to know more? Call (612) 713-1496

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Hours of Operation</u> Mon - Thurs 5:30am - 7:00pm Fri. 5:30am - 6:00pm Sat Closed Sun & Holidays Closed					1 1000 Group Fit Frenzy 1100 Spinning	2 UTA 1100 Group Fit Frenzy
3 UTA	4 1200 Power Yoga	5	6 1200 Spinning	7 1130 Zumba	8	9 Closed
10 Closed	11 1200 Power Yoga	12	13 1200 Spinning	14	15	16 Closed
17 Closed	18 1200 Power Yoga	19	20 1200 Spinning	21 1130 Zumba	22	23 Closed
24/31 Closed	25 Closed 	26 Holiday Hours 0530-1500	27 Holiday Hours 0530-1500 1200 Spinning	28 Holiday Hours 0530-1500	29 Holiday Hours 0530-1500	30 Closed